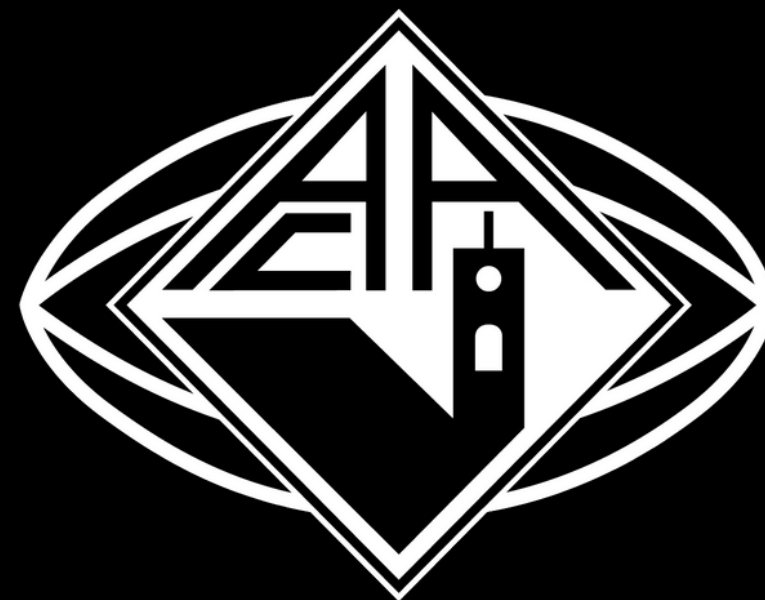


AAC RUGBY

PLAY AND STUDY PROGRAM

FUNDED PROGRAM FOR EUROPEAN
UNIVERSITARY RUGBY PLAYERS



LOOKING FOR A SEMI PROFESSIONAL EXPERIENCE IN RUGBY WHILE STUDYING ?!

**THIS PROGRAM IS FOR
YOU**



AAC RUGBY

With several domestic and international titles in its history, Académica Rugby is one of the most emblematic Rugby Clubs in Portugal. Passionate about the Sport and its Values, Académica has one of the most beautiful Rugby Houses that you will ever see, making every minute spent there something unforgettable.

Domestic Titles

- _ 4 Portuguese XV National Titles
- _ 3 Portuguese VII National Titles
- _ 7 Portuguese Cups

International Titles

- _ 1 Iberian Cup
- _ 1 European University Sevens Title



PLAY AND STUDY PROGRAM

AAC Rugby has developed in collaboration with **University of Coimbra** and **Erasmus +** , a program designed to young European Rugby players willing to combine their studies with the semi professional experience in Coimbra, Portugal.

RUGBY ELIGIBILITY

AAC Rugby competes at the highest level of Portuguese Rugby. Despite not being a professional team, AAC Rugby adopts high standards of training and commitment. For you to be eligible to play for AAC Rugby you must be playing at a good level in your country.

PLAYER PROFILE

- _ Young Highly Motivated Player
- _ Looking for a Good Rugby Experience in Portugal
- _ Willing to get involved with the Club´s Community Rugby Activities

ACADEMIC ELIGIBILITY

Erasmus + is the EU's programme to support education, training, youth and sport in Europe, providing opportunities for over 4 million Europeans to study, train, and gain experience abroad. Opportunities to study abroad are available to students at Bachelor and Master levels and Doctoral candidates.

You must be registered in a higher education institution and enrolled in studies leading to a recognised degree or tertiary-level qualification. For students in the first cycle, you need to be at least in the second year of your studies.

DURATION

Minimum 1 Academic Year. September - June.



CONDITIONS

Financial

Erasmus Grant _ Erasmus Students are granted with a monthly amount of 350 €;

FULL ASSISTANCE ON ERASMUS + APPLICATION

Accommodation

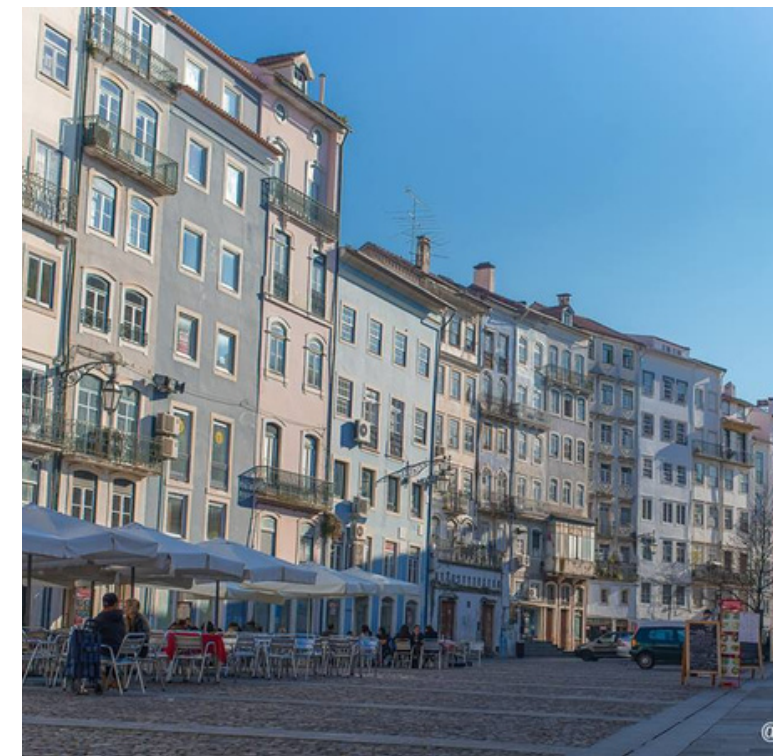
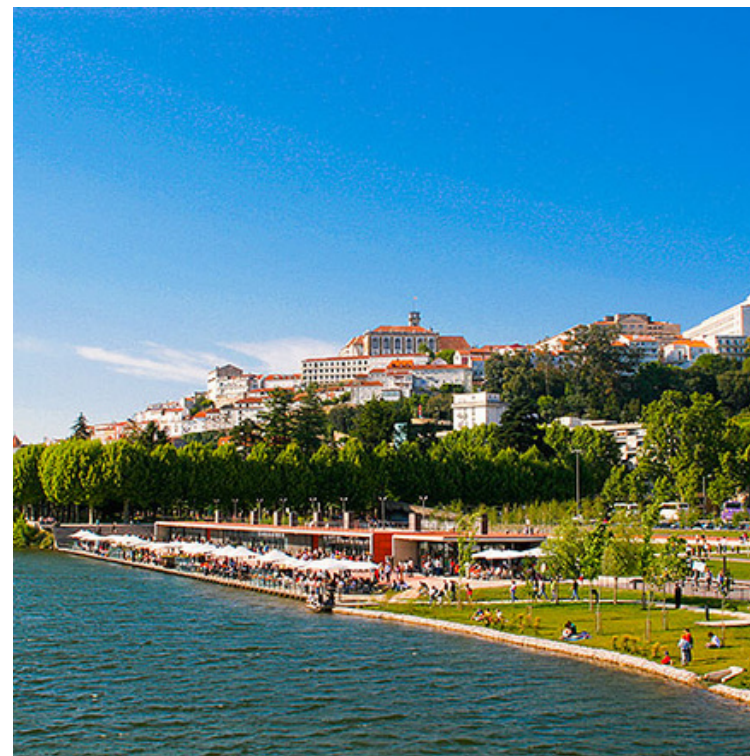
AAC Rugby ensures free accommodation on a shared flat with private room and all expenses included;

Training

- _ Physical High Performance Rugby Program Supervised by a fully accredited Rugby Coach ;
- _ Fully Access to Gym;
- _ Nutrition Monitoring;

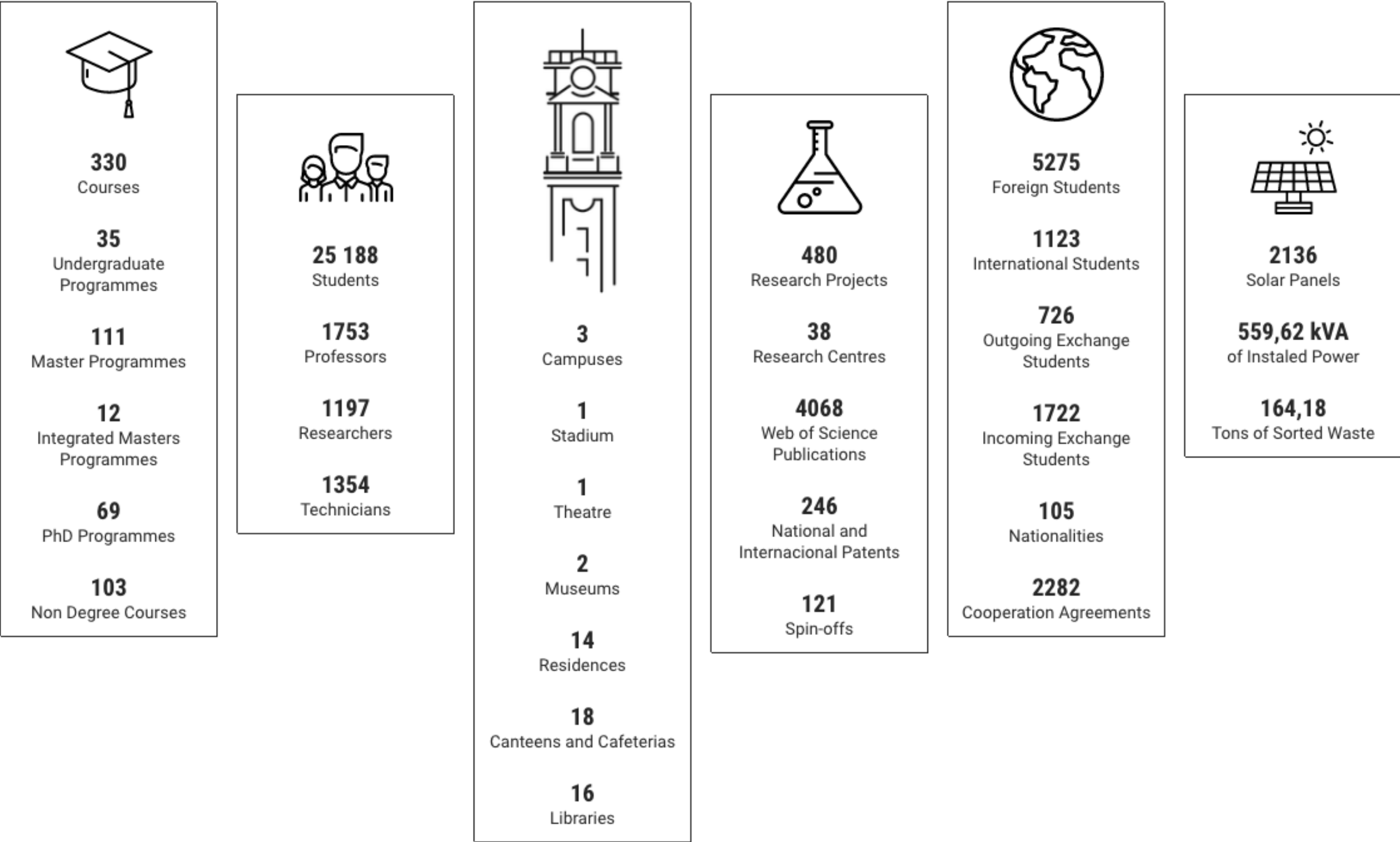
COIMBRA

Coimbra is youthful and vibrant university city focused on the youngsters who are here studying at the University of Coimbra. Situated in the Centre of Portugal, two hours from Lisbon, one hour from Oporto, Declared Unesco World Heritage since 2012, the City of Coimbra has its own very special mystique, the result of a past full of important events and of the memories of the many thousands of Portuguese who, dispersed around the country or abroad, remember the carefree, easygoing, hopeful years spent here in their youth as students at the University. Coimbra has to offer a all year round perfect weather. Nightlife in Coimbra is lively and varied, with club and bar owners kept on their toes by a demanding student population.



UNIVERSITY OF COIMBRA

Coimbra's Unesco-listed University, is one of the world's oldest Universities where students come first!



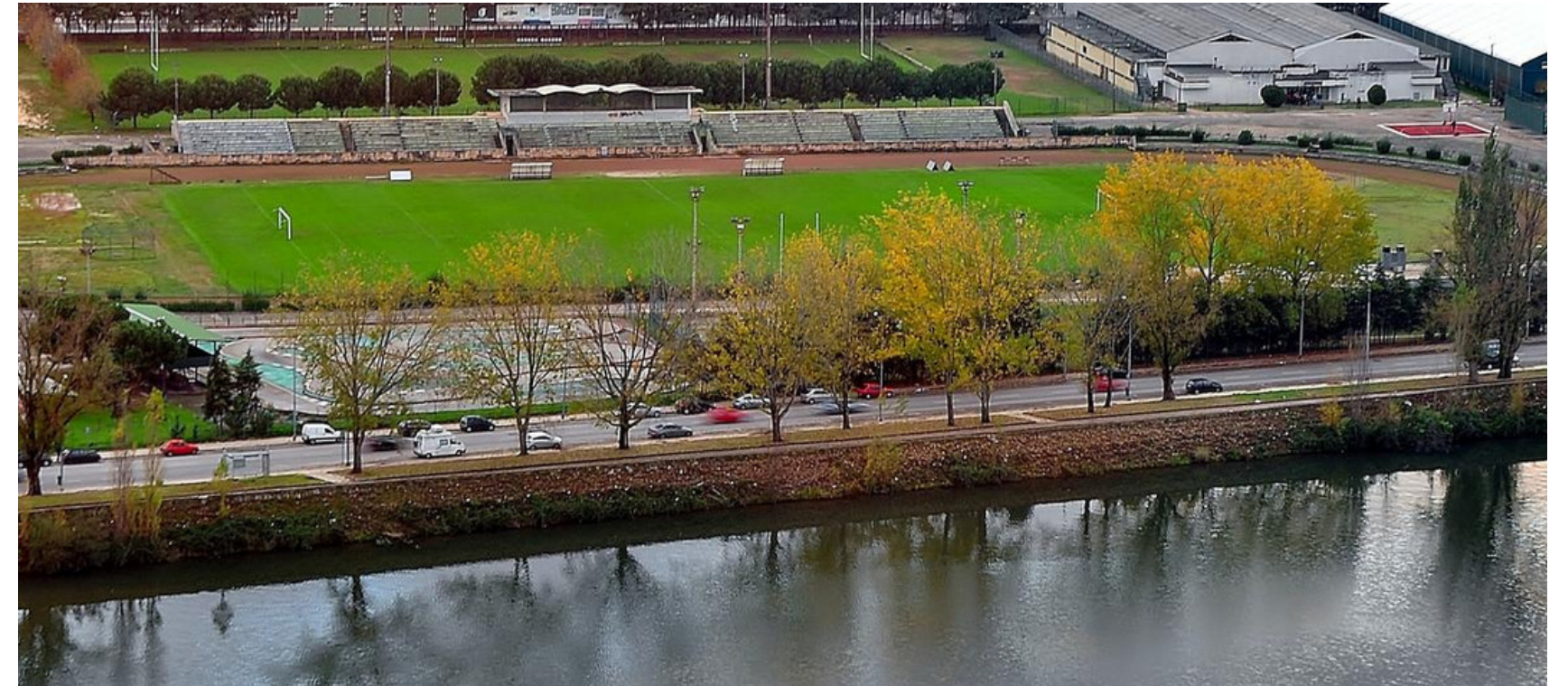


SPORTS FACILITIES

Game Day Home Ground



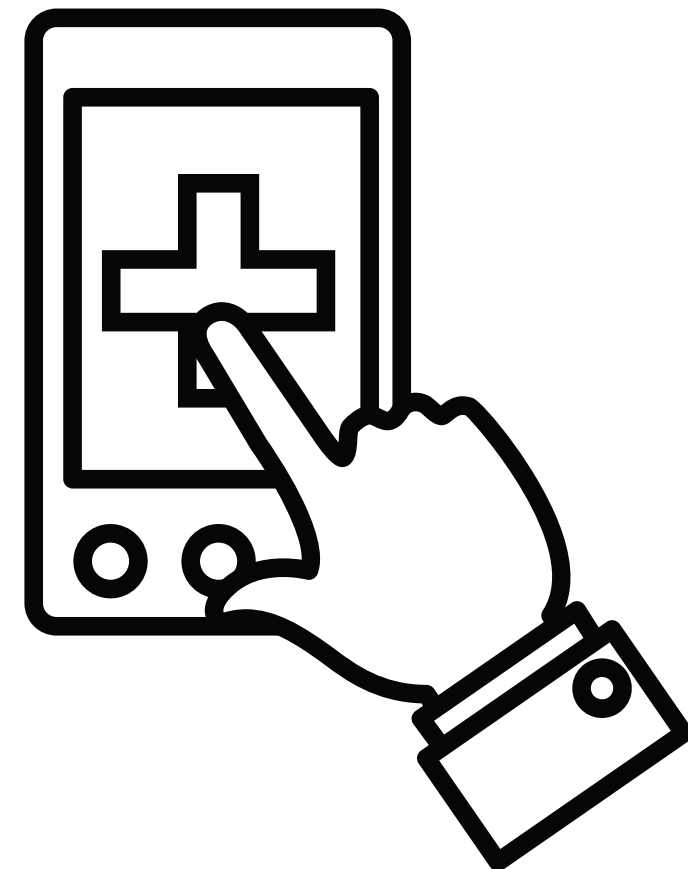
Training Days Home Ground



APPLICATION

INTERESTED ?!?

APPLY HERE



GET IN CONTACT



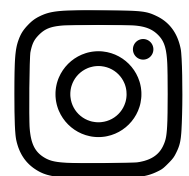
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+351 912739643



www.facebook.com/RaguebiAac



https://www.instagram.com/aac_rugby/



A large group of people, including men and children, are gathered together in a celebratory pose. They are wearing dark-colored t-shirts with various logos, including 'Lacortini', 'IDEALMED', 'climacer', and 'trahão'. One man in the center is holding a large wooden trophy that reads 'TAÇA DE PORTUGAL SEN. MASC.' and 'PORTUGAL RUGBY'. The background shows a clear blue sky and some greenery. The overall atmosphere is one of joy and achievement.

JOIN THE FAMILY

#AACRUGBY